



Dr. Deb's old friend, Painty, seems to whisper in her ear.

WHAT SHOULD I READ?

Introductory message from Dr. Deb

Students ask this question all the time: *what should I read?* One of the main purposes for which Equine Studies Institute exists is to foster higher education in horsemanship. In pursuit of that goal, here you will find a list of books from my personal library. I have gathered all these books (and many others that are not listed here) over a long period of years, and you might like to ask 'how'. The main technique is to haunt used-book stores. Whether you are in your hometown area or whether you're travelling, they have a tendency to pop up along a roadside. In this Internet era, you can, of course, buy used books cheaply through amazon.com, alibris.com, barnesandnoble.com, [Ebay](http://Ebay.com), and so forth; but to make use of these

services you have to know ahead of time the title you're searching for. For myself, I love going in to the actual bookstore....mysterious, crowded little places often stuffed to the ceiling with who knows what wonderful treasures! If you take your time, you're almost certain to come across something wonderful lurking in a box or on a dusty shelf in a back room. You never know what you might find!

Sometimes, however, I've gone after buying specific books. This list will be especially useful to you in making you aware of the fact that certain books exist. When you know ahead of time what you want, certainly you can use online services. However, for specialty equine titles – especially stuff that is older or out-of-print, or for facsimile reprints of “classical” works (or for the well-heeled, the originals), there is no greater help than Robin Bledsoe. If you want to expand your library as well as your knowledge, please sign up to receive Robin's fabulous catalogs. If you are after a particular old book, Robin can often find it for you if you give her enough time. Contact her by Email: robin.bledsoe@verizon.net, or stop in the shop located in Cambridge, Massachusetts.

I buy all books with the intention of using them. This means I don't have the same priorities as a “book collector”, who will often want books in near-pristine condition, first editions, original antique works, and copies inscribed by the author. I say this jokingly, but I pride myself on the fact that all of my books are dirty: I don't own a single clean book. To save money I buy copies that are in *reasonably* good condition but that might be missing the dust jacket, have a few marks or dogears, fingerprints, scuffed edges, or some wear and tear to the binding. This not only lowers the cost, but proves to me that the book was well-loved before I received it. It is certain that it is going to be appreciated and used once it joins the other volumes in my library.

Onetime Olympic equestrian team captain Bill Steinkraus has said, “in order to be a good rider, you have to be both a rider and a reader.” If you want to learn how to ride well and, especially, how to train your own horse, you have to read – and *think*. Horsemanship is an ancient art and science, and since 1550 (when printing presses first appeared in Europe) more titles have been published on the subject of horses and horsemanship than on any other subject except the Bible. So there is no question of whether there is “anything” to read.

The problem is, in fact, that there is *too much* to read. While it’s true, as the old Spanish proverb says, that there is so much to horsemanship that it would take two lifetimes to master it, much of what has been printed about it – especially since World War II, and especially in magazines and in breed-club literature — is sheer rubbish. Thus, another of the functions I try to serve is as a guide to you for how to make the best use of the one lifetime you have. The following list contains books with “quality” content, meaning that they are written by knowledgeable horsemen who produced accomplished, and usually sound and contented, horses; by reputable scholars whose statements are backed up by real research; or by everyday people who are reporting authentic life-changing experiences.

Another old horsemanship adage tells us that for every ten horsemen there are eleven different opinions. No two authors in this list do anything exactly the same way, and yet – very interestingly — one thing that the practice of “quality” horsemanship tends to do is reduce disagreement. Why? Because, for all its apparent diversity – “English” vs. “Western”, “classical” vs. “modern”, “indoor riding” vs. “cross country”, “jumping” vs. “trail riding” – real horsemen have far more similarities than differences. This is because good horsemanship comes from careful observation of *horses*: what they are really like, rather than what we might want them to be like. The only agenda a real horseman has is understanding horses better. The most important reason for you to delve into the books on this list is that reading will help you enter the ancient and universal stream of horse knowledge and horsemanship skill. The journey is sheer pleasure.

LIST BEGINS ON NEXT PAGE.

PLEASE AVAIL YOURSELF OF THE BOOKMARKED LIST TO LEFT

It allows you to jump quickly to individual sections of this list.

Books of General Information

These books give essential information. Many of them cover a range of basic topics. Most are available for under \$50. Every owner/rider should own at least two titles from this section.

Chenevix-Trench, Charles. 1974. *A History of Horsemanship: The Story of Man's Ways and Means of Riding Horses from Ancient times to the Present*. Doubleday and Co., Garden City, New York, 320 pp.

Conn, George H. 1955. *The Practical Horse-Keeper*. Orange Judd Publishing Co., Inc., New York, 284 pp.

Conn, George H. 1969. *How to Get a Horse and Live With It: The Common Sense Guide to Buying a Horse*. Arco Publishers, Inc., New York, 262 pp.

Dent, Anthony. 1974. *The Horse: Through Fifty Centuries of Civilization*. Holt, Reinhart and Winston, New York, 299 pp.

Gianoli, Luigi. 1967. *Horses and Horsemanship through the Ages*. Iris Books/Crown Publishing, New York, 441 pp.

Hartley-Edwards, Elwyn. 1977. *The Encyclopedia of the Horse*. Octopus Books, New York, 256 pp.

Isenbert, Hans-Heinrich. 1986. *The Kingdom of the Horse*. Time-Life Books, New York, 304 pp.

Russell, George B. 1966. *Hoofprints in Time*. A.S. Barnes and Co., New York, 440 pp.

Mindset

Books in this section are all, essentially, indispensable. No one can get very much done with a horse if their horse does not willingly cooperate. Here are people who have discovered how to communicate two-way with animals, or those whose philosophy will help you learn to do so. All exemplify our "...attitude and approach to horsemanship". Attitude and approach come before any technique.

Bennett, D.K. 2001. *The Birdie Book: An Internal Geography of Rider and Horse*. Available on CD-Rom from: www.equinestudies.org, click on "Bookstore".

Blake, Henry. 1976. *Talking With Horses*. E.P. Dutton & Co., New York, 172 pp. See also by the same author: *The Henry Blake Reader*.

Boone, J. Allen. 1954. *Kinship With All Life*. Harper and Row, New York, 157 pp.

Brannaman, Buck, with William Reynolds. 2001. *The Faraway Horses*. The Lyons Press, Guildford, Connecticut, 260 pp.

Brink, Hans. 1960. *The Nature of the Beast*. Crown Publishers, New York, 210 pp.

- Campbell, Joseph. 1990. *Transformations of Myth Through Time*. Harper and Row, New York, 263 pp.
- Dorrance, Tom. 1987. *True Unity and Willing Communication between Horse and Human*, edited by Milly Hunt Porter. Give-It-A-Go Enterprises, Tuscarora, Nevada, 151 pp. Obtain by ordering from: www.rayhunt.com.
- Franck, Fredeerick. 1993. *The Zen of Seeing: Seeing/Drawing as Meditation*. Vintage Books, New York, 130 pp.
- Gardiner, Margaret. 1999. *Losing Less Money Raising Horses*. Privately printed, Woolwich, Maine, 91 pp. See also Margaret Gardiner's pamphlet entitled "Horses for Actually Riding On".
- Gyatso, Tenzin (His Holiness the Dalai Lama). 2005. *The Universe in a Single Atom: the Convergence of Science and Spirituality*. Morgan Road Books, New York, 216 pp. See also the many other works by this Nobel Peace Prize laureate: *The Good Heart*, *Advice on Dying*, etc.
- Hearne, Vicki. 1986. *Adam's Task: Calling Animals by Name*. Alfred Knopf, New York, 274 pp. See also by the same author *Bandit* (1990) and *Animal Happiness* (1994).
- Herrigel, Eugen. 1971. *Zen in the Art of Archery*. Vintage/Random House Books, New York, 90 pp.
- Hunt, Ray. 1978. *Think Harmony with Horses: An In-Depth Study of the Horse/Man Relationship*. Edited by Milly Hunt Porter. Give-It-A-Go Enterprises, Tuscarora, Nevada, 87 pp. Obtain at www.rayhunt.com.
- Kubler-Ross, Elisabeth. 1969. *On Death and Dying*. MacMillan and Co., New York, 287 pp.
- Lewis, C.S. 1946-1949. *Space Trilogy (Out of the Silent Planet, Perelandra, and That Hideous Strength: A Modern Fairy-Tale for Grownups)*. Widely reprinted and available.
- Mead, Margaret, ed. 1955. *Darwin's 'Expression of the Emotions in Man and Animals'*. Philosophical Library, New York, 372 pp.
- Magner, Dennis. 1887 & 1893. *The Classic Encyclopedia of the Horse* (reprint, 1980, of the original *The Standard Horse Book*). Beacon Books, New York, 464 pp.
- Masson, Jeffrey M. and Susan McCarthy. 1995. *When Elephants Weep: The Emotional Lives of Animals*. Delta/Dell Books, New York, 291 pp.
- McElroy, Susan Chernak. 1996. *Animals as Teachers and Healers: True Stories and Reflections*. New Sage Press, Troutdale, Oregon, 178 pp.
- Nicholi, Armand, Jr. 2002. *The Question of God: C.S. Lewis and Sigmund Freud Debate God, Love, Sex and the Meaning of Life*. Free Press/Simon and Schuster, New York, 295 pp.
- Rarey, John S. 1856. *Horse Handling and Horse Wisdom*. Reprinted (2001) in *The Inner Horseman*, Vol. 5, nos. 1 and 2. Available from: www.equinestudies.org, click on "bookstore".

Sayers, Dorothy. 1941. *The Mind of the Maker*. Harper Books, San Francisco, California, 229 pp.

Schäfer, Michael. 1974. *The Language of the Horse.: Habits and Forms of Expression*. Arco Publishers, New York, 215 pp.

Seton, Ernest Thompson. 1898. *Wild Animals I Have Known*. Bantam/Charles Scribners Sons, New York, 150 pp.

Smythe, R.H. 1961. *The Mind of the Horse*. Stephen Greene, Battleboro, Vermont, 123 pp.

Sewell, Anna. 1867. *Black Beauty: His Grooms and Companions*. There are a zillion publishers and versions of this book – in its original form, certainly not a children’s book. Try to obtain an original, unedited and un-Disneyized version. About 250 pp.

Swift, Sally. 1985. *Centered Riding*. St. Martin’s Press, New York, 198 pp. This book is intended to be a “how-to” riding manual, and it does a good job of that – it is one of the most accessible and most clearly illustrated books ever produced. I classify it with the list of “mindset” books, however, because it is really mindset that gives Swift’s book its highest value. See also *Centered Riding 2: Further Explorations* (1995). Trafalgar Square Press, North Pomfret, Vermont, 264 pp.

Tolle, Eckhart. 1999. *The Power of Now*. New World Books, Novato, California, 191 pp. See also Tolle’s *Stillness Speaks* (2003) and *A New Earth: Awakening to Your Life’s Purpose* (2005).

Tschiffely, Aime F. 1933. *Tschiffely’s Ride, Being the Account of Ten Thousand Miles in the Saddle Through the Americas from Argentina to Washington*, with preface by W.B. Cunninghame-Graham. Simon & Schuster, New York, 328 pp.

Wynmalen, Henry. 1979. *Dressage: A Study of the Finer Points of Riding*. Wilshire Books, North Hollywood, California, 287 pp. The primary use for this book comes in the first three chapters, which contain an absolutely beautiful argument for harmony between man and horse. However, be forewarned: Wynmalen equates this with dressage, which is incorrect. Further, you will not want to imitate his training results or riding style; for all the loftiness of Wynmalen’s ideals and the goodness of his intentions, his seat is hard and his horses are stiff.

Basic Facts of Horse Biology

This is an area where many owner/riders lack basic knowledge. To ride well, you must realize what kind of an animal a horse actually is, what his needs are, what the limits of his capabilities are. Franz Mairinger’s book is a classic that relates horse biology to training. The Ranger Piece should also be thought-provoking.

Bennett, D.K. 2001. “*The Ranger Piece*”: *Rate of Skeletal Maturation in Horses, with Comments on Practices in the Industry*. View online/free download at www.equinestudies.org, click on “Knowledge Base”.

Bennett, D.K. and Robert S. Hoffmann. 1999. *Equus caballus*, in *Mammalian Species of the American Society of Mammalogists*. Available online/free download: www.equinestudies.org, click on “Knowledge Base”.

Frandsen, R.D. W. Lee Wilke, and Anna D. Fails. 2003. *Anatomy and Physiology of Farm Animals*, 6th edition, Lippincott, Williams, and Wilkins Publishers, Philadelphia, 481 pp.

Green, Ben K. 1974. *The Color of Horses*. Northland Press, Minneapolis, Minnesota. 127 pp.

Gower, Jeanette, DVM. 1999. *Horse Colour Explained: A Breeder's Perspective*. Kangaroo Press/Simon and Schuster, East Roseville, New South Wales, Australia, 144 pp.

Mairinger, Franz. 1983. *Horses are Made to be Horses*. Howell Books, New York, 168 pp.

Silver, I.A. 1970. The Ageing of Domestic Mammals, in Don Brothwell and Eric Higgs, eds., *Science in Archaeology: A Survey of Progress and Research*, Praeger Publishers, New York, pp. 283-302.

Sponenberg, Phil, DVM. 2003. *Equine Color Genetics*. Iowa State Press/Blackwell, Ames, Iowa and London, 215 pp.

Willoughby, David P. 1975. *Growth and Nutrition in the Horse*. A.S. Barnes and Co., New York, 194 pp.

Anatomy and Physiology

Books and articles in this section will help you to understand the physical structure of the horse and how the various systems of the body work. This will help you to communicate better with your veterinarian. Also included here is my “Who’s Built Best to Ride: Men or Women” – you should review this to better understand how your own body works in the saddle.

Allen, Tom. 2003. *Manual of Equine Dentistry*. Mosby/Elsevier, New York, 207 pp.

Ashdown, Raymond, S.H. Done, and S.A. Evans. 2002. *Color Atlas of Veterinary Anatomy, Volume 2: The Horse*. Mosby-Wolfe/Elsevier Publishing, London, 240 pp.

Becker, Robert O. and Gary Selden. 1985. *The Body Electric: Electromagnetism and the Foundation of Life*. Quill/William Morrow, New York, 364 pp.

Bennett, D.K. 1986. Who’s Built Best to Ride: Men or Women? Originally published in *Equus Magazine*, now available online/free download: www.equinestudies.org, click on “Knowledge Base”.

Bennett, D.K. 2003. Orthopedics in Horseshoeing, with Complete Virtual Dissection of the Distal Limb. *The Inner Horseman*, Vol. 7, nos. 1 and 2. Available on CD-Rom from www.equinestudies.org/bookstore.

Gershon, Michael D., M.D. 1998. *The Second Brain: A Groundbreaking New Understanding of Nervous Disorders of the Stomach and Intestine*. Harper Perennial Books, New York, 320 pp.

Goody, Peter. 2000. *Horse Anatomy: A Pictorial Approach to Equine Structure*, 2nd edition (revised and enlarged). J.A. Allen, London, 139 pp.

Kainer, Robert A. and T.O. McCracken. 1994. *The Coloring Atlas of Horse Anatomy*. Alpine Publishing, Loveland, Colorado, 175 pp.

Pasquini, Chris, DVM. 1991. *Atlas of Equine Anatomy*. SUDZ Publishing, Pilot Point, Texas, 312 pp.

Sisson, Septimus and D.P. Grossmann. 1947. *The Anatomy of the Domestic Animals*. W.B. Saunders & Co., Philadelphia, 578 pp.

Biomechanics

Biomechanics means the application of the principles of physics to understanding the movement of living bodies. Biomechanics is the connection between anatomy/structure and performance. Hildebrand's book is highly recommended, Muybridge's is historically interesting, and Goubaux and Barrier's, though old, is still the most complete and correct application to horses.

Alexander, R. McNeill. 1968. *Animal Mechanics*. University of Washington Press, Seattle, 346 pp.

Goubaux, Armand and Gustav Barrier. 1892. *The Exterior of the Horse*. 2nd ed., Translated and edited by Simon J.J. Harger, V.M.D. J.B. Lippincott, Philadelphia, 916 pp.

Hildebrand, Milton. 1974. *Analysis of Vertebrate Structure*. John Wiley & Sons, New York, 710 pp.

Muybridge, Eadweard. 1957. *Animals in Motion* (reprint of part of the original 1887 work). Dover Reprints, New York. 32 pp. text, 183 plates, 4000 individual photographs.

Radinsky, Leonard. 1987. *Evolution of Vertebrate Design*. University of Chicago Press, Chicago, Illinois, 188 pp.

Schmidt-Nielsen, Knut. 1984. *Scaling: Why is Animal Size so Important?* Cambridge University Press, New York, 241 pp.

Smythe, R.H. and P.C. Goody. 1979. *The Horse: Structure and Movement*. J.A. Allen, London, 198 pp.

Thompson, D'Arcy. 1971. *On Growth and Form* (Abridged ed.), edited by J.T. Bonner. Cambridge University Press, New York, 346 pp.

Tack

There is always interest in this necessary subject, which is really a branch of applied biomechanics.

Ahlborn, Richard. 1980. *Man Made Mobile*. Smithsonian Institution Press, Washington D.C., 147 pp.

Bennett, D.K. and Dave Elliott. 2004. *The Anatomy of Bitting: A Mini-Course on DVD*. Available from: www.equinestudies.org, click on “bookstore”.

Malm, Gerhard A. 1996. *Bits and Bridles: An Encyclopedia*. Grasshopper Publications, Valley Falls, Kansas, 549 pp.

Martin, Ned and Jody. 2000. *Bit and Spur Makers in the Vaquero Tradition: A Historical Perspective*. Hawk Hill Press, Nicasio, California, 336 pp.

Conformation Study

This is an old branch of knowledge. Study of the books recommended here will teach you to “....pick horses, not faults.”

Bennett, D.K. 1988-1991. *Principles of Conformation Analysis*, Vols. I-III. Equus Stable Reference Guides, Fleet Street Corp., Gaithersburg, Maryland, each volume 96 pp.

Green, Ben K. 1969. *Horse Conformation as to Soundness and Performance*. Northland Press, Minneapolis, Minnesota, 79 pp.

Hayes, Horace. 1904. *Points of the Horse: A Treatise on the Conformation, Movements, Breeds, and Evolution of the Horse*. Hurst and Blackett, London, 736 pp.

Rau, Gustav. 1936. *Judging the Warmblood Horse*. Translated by D.K. Bennett and Friends, reproduced in *The Inner Horseman* (2002), Vol. 6, nos. 1 and 2. Available from: www.equinestudies.org, click on “bookstore”.

Reddick, Kate. 1976. *Horses: From Every Continent in Full Color*. Bantom Books, New York, 159 pp.

Smythe, R.H., DVM. 1957. *What Makes a Good Horse: its Structure and Performance*. Country Life Books, London, 125 pp.

Evolution of the Horse

What they taught you about this subject in High School was very likely wrong, or at the very best, too simple. Please read at least two titles from this section.

Bennett, D.K. 2005 (and see also “Knowledge Base” in this Website). The Evolution of the Horse, with a World Museum Tour of the Horse and its Relatives. *The Inner Horseman* Vol. 9, Nos. 1 and 2. Available on CD-Rom from www.equinestudies.org/bookstore.

Kurtén, Bjørn. 1971. *The Age of Mammals*. Columbia University Press, New York, 240 pp.

Kurtén, Bjørn, and Elaine Anderson. 1980. *Pleistocene Mammals of North America*. Columbia University Press, New York, 328 pp.

Leakey, Richard E., ed. 1979. *The Illustrated ‘Origin of Species’ by Charles Darwin*. Hill and Wang, New York, 240 pp.

MacFadden, Bruce J. 1992. *Fossil Horses: Systematics, Paleobiology and Evolution of the Family Equidae*. Cambridge University Press, New York, 369 pp.

Savage, R.J.G. and M.R. Long. 1986. *Mammal Evolution*. Facts-On-File Books/British Museum Publications, London and New York, 259 pp.

Simpson, George Gaylord. 1951. *Horses: The Story of the Horse Family in the Modern World and through Sixty Million Years of History*. Oxford University Press, New York, 247 pp.

Voorhies, Mike, ed. 1994. *The Cellars of Time: Paleontology and Archaeology in Nebraska*. Nebraskaland Magazine 72(1) Jan/Feb 1994: 1-162.

Living Relatives of the Horse

These are the two best books concerning the asses, half-asses, and zebras that are the horse’s nearest living relatives. “Living” we say: and yet 90% of them are seriously endangered species, clinging by a mere thread to their existence in the wild.

Groves, Colin P. 1974. *Horses, Asses, and Zebras in the Wild*. Ralph Curtis Books, Hollywood, Florida, 192 pp.

Willoughby, David P. 1974. *The Empire of Equus*. A.S. Barnes and Co., New York, 475 pp.

Domestication

How horses came to be domesticated is a topic of continuing fascination to me, for at one time long ago, of course, all horses were wild animals. Pay special attention to Charles Reed, Juliet Clutton-Brock, and Jane Goodall. Zeuner is getting dated but still a valuable read. Download the valuable zoogeographic maps in my paper with Robert Hoffmann – they tell you exactly where the different basic bloodlines of horses have come from.

Bahn, Paul G. and Jean Vertut. 1988. *Images of the Ice Age*. Facts-On-File Books/British Museum Publications, New York, 240 pp.

Bennett, D.K. 1992. Origin and Distribution of Living Breeds of the Domestic Horse, in J. Warren Evans, ed., *Horse Breeding and Management*, World Animal Science Encyclopedia vol. C-7. Elsevier, New York, pp. 41-84.

Bennett, D.K., and Robert S. Hoffmann. 1999. *Equus caballus*, in *Mammalian Species of the American Society of Mammalogists*. See important maps showing the wild distribution of subspecies of *Equus caballus*. Available online/free download: www.equinestudies.org, click on “Knowledge Base”.

Clutton-Brock, Juliet. 1981. *Domesticated Animals from Early Times*. British Museum, London, 208 pp.

Goodall, Jane M. 1977. *A History of Horse Breeding*. Robert Hale, London, 270 pp.

Herre, Wolf. 1970. The Science and History of Domesticated Animals, in Don Brothwell and Eric Higgs, eds., *Science in Archaeology: A Survey of Progress and Research*, Praeger Publishers, New York, pp. 257-282.

Reed, Charles A. 1980. The Beginnings of Animal Domestication, in H.H. Cole and W.N. Garrett, eds., *Animal Agriculture: The Biology, Husbandry, and Use of Domestic Animals*. W.H. Freeman and Co., San Francisco, pp. 3-20.

Zeuner, F.E. 1963. *The History of Domesticated Animals*. Hutchinson, Press, New York, 415 pp.

History of Horse Breeds and Bloodlines

This is another area of great interest. Everyone who stays in horses for any length of time develops preferences, and those who train their own horses develop a kind of connoisseurship. Every horsebreeding nation produces characteristic breeds. This section lists many books that will help you better understand the 'flavors' you are picking up on. If you have TB's or QH's, Alex Mackay-Smith's books are indispensable. Margaret Cabell-Self on Morgans has not been bettered. For Arabs, you must read Gladys Brown Edwards. Berger is reliable and nonpolitical on Mustangs. Many breeds are not represented on this list because no careful scholar has attended to them.

Akerman, Joe A., Jr. 1976. *Florida Cowman: A History of Florida Cattle Raising*. Florida Cattlemens' Association, Kissimmee, Florida, 319 pp.

Alvarez del Villar, José. 1941. *Historia de la Charrería*. Londres Publishing, Mexico City, Mexico, 387 pp.

Ballantine, Derek. 1976. *The Horse in Australia*. MacMillan Co. of Australia, Melbourne, 128 pp.

Bauer, Helen. 1953. *California Rancho Days*. Doubleday and Co., Garden City, New York, 187 pp.

Beamish, H. 1966. *Cavaliers of Portugal*. Taplinger Publishing Co., New York, 146 pp.

Beattie, Gladys M. 1999. *The Canadian Horse: A Pictorial History*. Privately published, North Hatley, P.Q., Canada, 88 pp.

Bennett, D.K. 2005. *The Origin of the Arabian, Barb, and Mustang*. Available online/free download from: www.equinestudies.org, click on "Knowledge Base".

Bennett, D.K. 2006. History of the Arabian, Morgan, American Saddlebred, and Related Breeds, with Photographs and Extensive Pedigrees. *The Inner Horseman*, Vol. 10, nos. 1 and 2. Available on CD-Rom from www.equinestudies.org, click on "bookstore".

Bennett, D.K. 2006. Photographic Survey of "Pre-Registry" American Horse Types. *The Inner Horseman*, Vol. 10, no. 1. Available on CD-Rom from www.equinestudies.org, click on "bookstore".

Bennett, D.K. 2007. History of the Thoroughbred and American Quarter Horse, with Photographs and Extensive Pedigrees. *The Inner Horseman*, Vol. 11, nos. 1 and 2. Available on CD-Rom from www.equinestudies.org, click on "bookstore".

Berger, Joel. 1986. *Wild Horses of the Great Basin: Social Competition and Population Size*. University of Chicago Press: Wildlife Behavior and Ecology Series, Chicago, 326 pp.

Berry, Barbara J. 1979. *The Standardbreds*. A.S. Brown & Co., New York, 174 pp.

Bowen, Edward L. 2000. *Dynasties: Great Thoroughbred Stallions*. Eclipse Press/The Blood Horse, Lexington, Kentucky, 260 pp.

Busby, Hamilton. 1904. *The Trotting and the Pacing Horse in America*. The MacMillan Co., New York, 369 pp.

Denhardt, Robert Moorman. 1948. *The Horse of the Americas*. The University of Oklahoma Press, Norman, 286 pp.

Denhardt, Robert Moorman. 1967. *Quarter Horses: A Story of Two Centuries*. University of Oklahoma Press, Norman, 192 pp.

Dent, Anthony. 1978. *Cleveland Bay Horses*. J.A. Allen, London, 87 pp.

Edwards, Gladys Brown. 1980. *The Arabian: War Horse to Show Horse*. The Arabian Horse Trust, Denver, Colorado, 349 pp.

Elizondo, Carlos, ed. 1989. *El Caballo de Raza Azteca*. EdaMex, Mexico City, Mexico, 60 pp.

Fraser, Andrew F. 1991. *Founding Horses: The Working Horses and Their People in Canada's Past*. Creative Publishers, St. John's, Newfoundland, Canada, 182 pp.

Goodall, Daphne M. 1975. *The Flight of the East Prussian Horses*. David and Charles, Newton Abbot, Devonshire, England, 143 pp.

Haines, Francis. 1963. *Appaloosa: The Spotted Horse in Art and History*. University of Texas Press/The Amon Carter Museum of Art, Austin, Texas, 103 pp.

Isenbart, Hans-Heinrich. 1986. *The Imperial Horse: The Saga of Lipizzaners*. Alfred Knopf, New York, 204 pp.

Mackay-Smith, Alexander. 1983. *The Colonial Quarter Race Horse*. Privately printed, available by writing 1038 Carter's Line Rd., White Post, VA 22663.

Mackay-Smith, Alexander. 2000. *Speed and the Thoroughbred*. Privately printed, available by writing 1038 Carter's Line Rd., White Post, VA 22663.

Patten, John W. 1960. *The Light Horse Breeds: Their Origin, Characteristics and Principal Uses*. A.S. Barnes and Co., Inc., New York, 220 pp.

Pedretti, Carlo. 1984. *Leonardo da Vinci: Drawings of Horses from the Royal Library at Windsor Castle*. Harcourt, Brace, Johanovich/Johnson Reprints, New York, 136 pp.

Self, Margaret Cabell. 1973. *The Morgan Horse in Pictures*. Wiltshire books, North Hollywood, California, 149 pp.

Solanet, Emilio. 1984. *Pelajes Criollos*. Sainte-Claire eds. S.R.L., Buenos Aires, Argentina, 155 pp.

Horses in History

You'll be going time-travelling in this list. Here are the knights in armor, the mysterious and warlike nomads, the ruthless Roman legions, the Spanish and Mexican vaqueros, the mounted Japanese samurai, the American Indians on mounted buffalo-hunts, the ancient Persians. Dive in: all the books here are delicious.

Anonymous. Curators of the Royal Armouries Museum of England. 2005. *Shogun: The Life of Lord Tokugawa Ieyasu*. Catalog of the Exhibition produced by Royal Armouries Museum, with 79 plates and text.

Basilov, Vladimir N., ed., 1989. *Nomads of Eurasia*. Translated by Mary Fleming Zirin. Natural History Museum of Los Angeles County with the University of Washington Press, Seattle, 192 pp.

Bennett, D.K. 1998. *Conquerors: The Roots of New World Horsemanship*. Amigo Books, Solvang, California, 422 pp.

Bennett, D.K., and R.S. Hoffmann. 1992. Ranching in the New World, in H.J. Viola, ed., *Seeds of Change*. Smithsonian Institution Press, Washington, C.D., pp. 90-111.

Birley, Robin. 1999. *Extraordinary Records of Daily Life on the Northern Frontier (Vindolanda)*. The Vindolanda Trust, Hexham, Northumbria, 112 pp.

Bolton, Herbert E. 1921. *The Spanish Borderlands: A Chronicle of Old Florida and the Southwest*. Yale University Press, New Haven, Connecticut, 320 pp.

Borneman, John. 1988. Race, Ethnicity, Species, Breed: Totemism and Horse-Breed Classification in America. *Comparative Studies in Society and History*, 30(1): 26-51.

Cabrera, Angel. 1945. *Caballos de América*. Editorial Sudamericana, Buenos Aires, Argentina, 405 pp.

Catlin, George. 1844. *Letters and Notes on the Manners, Customs, and Conditions of the North American Indians*. (Dover Reprint, 1973), Dover Reprints, New York, Vols. I and II, 530 pp.

Ceram, C.W. 1956. *The Secret of the Hittites*. Alfred A. Knopf, New York, 281 pp.

Cisneros, José. 1984. *Riders Across the Centuries: The Horsemen of the Spanish Borderlands*. University of Texas at El Paso, 199 pp.

Clark, John, ed. 1995. *The Medieval Horse and its Equipment, c. 1150-1450*. Boydell Press, Rochester, New York, 185 pp.

Coolidge, Dane. 1939. *Old California Cowboys*. E.P. Dutton & Co., New York, 158 pp.

Cunninghame-Graham, R.B. 1924. *The Conquest of the River Plate*. William Heinemann, London, 216 pp.

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“Classical” Riding

Dressage is not classical riding, but rather a horseback game invented in the last quarter of the 19th century that was taken up especially by German military officers, and whose rulebook became codified for use in the modern Olympic games, which began in 1896. Dressage is derivative of classical riding, but so in equal measure are reining and Saddle Seat riding. Classical riding has a far older and wider history than any of the modern riding disciplines. Learn about it by reading the books and articles in this list.

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Training and Riding

Of all the types of "horse books" out there, this is the most common. There are ten million titles, literally, so what is listed here is only what I consider to be the "cream of the crop". I don't train horses exactly according to the advice given in any of these books, but I consider it necessary nevertheless to be familiar with them. See annotations that follow a few titles.

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DeCarpentry, albert Eugene Edouart. 1949. *Academic Equitation*, translated by Nicole Bartle. J.A. Allen and Co., 281 pp.

D'Endrody, Agoston (Lt.-Col.). 1959. *Give Your Horse a Chance: Three Day Event and Show Jumping*. J.A. Allen, London, 544 pp. This book is very long and rather hard to read; someone jokingly has referred to it as "Give Your Reader a Chance". Nevertheless the author is attempting to convey useful and humane ideas.

DeRuffieu, François Lemaire. 1986. *Handbook of Riding Essentials: How, When, and Why to use the Seat, Legs, and Hands*. Harper & Row, Philadelphia, Pennsylvania, 111 pp. This is my no. 1 recommendation if you want a book that sets forth “how” to produce the standard repertory of exercises, i.e. shoulder-in, leg-yield, half-pass, etc. Very clear drawings, very simple and accessible text.

DeRuffieu, François Lemaire. 1988. *Handbook of Jumping Essentials*. Stephen Greene Press, Lexington, Massachusetts, 121 pp. Similar to the above, specifically for jumping.

Gorman, John A. 1944. *The Western Horse: Its Types and Training*. Interstate Publishers, Danville, Illinois, 361 pp.

Grant, Chuck. 1986. *American Dressage*. Privately printed, Brighton, Michigan, 114 pp. Obtain by ordering from: www.shineabit.com. This book and the companion volume, below, are badly-edited transcripts of talks that Grant gave, and they’re pricey. However, they contain the right attitude and needed information.

Grant, Chuck. 1982. *The Haute École or High School Horse*. Privately printed, Brighton, Michigan, 112 pp. Obtain by ordering from: www.shineabit.com.

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Ljungquist, Bengt. 1983. *Practical Dressage Manual*. Whippett and Shepperson, Richmond, Virginia. 164 pp. Among dressage books, this is my no. 1 recommendation.

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Young, J.R. 1954, revised 1982. *The Schooling of the Horse*. University of Oklahoma Press, Norman, Oklahoma, 376 pp. (Original title: *The Schooling of the Western Horse*). I recommend this and the companion volume to all new horse owners. There is some rough stuff in there that I wouldn't recommend, but Young is a "straight talker," and so long on common sense and experience, that he really is indispensable.

Young, J.R. 1970. *Schooling for Young Riders*. University of Oklahoma Press, Norman, Oklahoma, 324 pp.

Medicine and Health for Rider and Horse (conventional and alternative)

This section comprises Dr. Deb's idea of "training as treatment": that the fundamental intention of classical riding (not dressage) is physiotherapeutic, and that it is possible to "ride a horse sound". This section also includes much sound and readable advice from physicians both conventional and alternative. Some books are primarily directed toward human health, but you will find applicabilities also to your horses.

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Poison Plants, Feeding, Pasture Management

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Reference

Ellen Wells' book is an indispensable, very complete bibliography of important horse works published up through 1974. So – if you want to know even more books to read, look here!

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